



TOASTMASTERS INTERNATIONAL NEWSLETTER

Orland Park Toastmasters #4871

August 2014

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President's Distinguished Ribbon Goals

| Complete | Goals |
|-------------------------------------|--|
| <input type="checkbox"/> | Two CCs |
| <input type="checkbox"/> | Two more CCs |
| <input type="checkbox"/> | One ACB, ACS or ACG |
| <input type="checkbox"/> | One more ACB, ACS or ACG |
| <input checked="" type="checkbox"/> | One CL, AL or DTM |
| <input type="checkbox"/> | One more CL, AL or DTM |
| <input type="checkbox"/> | Four new members |
| <input type="checkbox"/> | Four more new members |
| <input type="checkbox"/> | Minimum of four officers trained during each of two training periods |
| <input checked="" type="checkbox"/> | One dues renewal report and one club officer list submitted on time |

Changing of the Guard

Fellow Toastmaster's, it is with great pride that I serve as your President for Orland Park Toastmasters Club #4871.

As we embark on our new toastmaster year, our executive committee held our first meeting on Monday July 7, 2014.

Our committee had so much excitement, enthusiasm and fresh ideas on how we can take our outstanding club into the New Year. As many as you know the Orland Park Club is one of the largest community clubs in the state and I thank **you** the members for your time and commitment to engage, educate and raise the bar every time you walk through the door

My goal as your President will be to ensure that all members have an opportunity to play a part whether it is working with a mentor, giving a speech or taking on a role for competent leadership credit.

I am confident that my executive board Peter Bria Vice President of Education, Giuliano Cipolla Vice President of Membership, Dale Obrochta Vice President of Public Relations, Alisa



Matushek Secretary, and Audi Krygeris Sergeant at Arms will work in unison to ensure all of this happens.

My vision for the year is to engage and empower our members to maximize the resources and tools that we offer here at Toastmasters. Through-out the year we will work hard to provide information and training to help you succeed.

Best Regards, *Maureen Cipolla*
President Orland Park
Toastmasters Club #4871

Newsletter

Keeping Informed

The goal of this newsletter is to keep members in tune with the Orland Park Toastmasters clubs activities, educate about upcoming Toastmasters

events, provide inspiration, and to enhance your Toastmasters experience.

I hope you enjoy, share, and contribute to this newsletter as it grows.

Ideas, improvements, and positive feedback can be address to.

Dale Obrochta, VP of Public Relations.

Capture the Moment, by Dale Obrochta

"There are always three speeches, for every one you actually gave. The one you practiced, the one you gave, and the one you wish you gave."
-Dale Carnegie

The fear of public speaking runs deep in many people and capturing this moment on tape seems ridiculous, especially when fighting the demons of standing in front of a group and speaking, so why would I want to capture this moment?

I have videoed my presentations many times at Toastmasters and each time I have done it I have learned something new about myself.

Here are a couple of things I have learned just by recording my speech.

- I hold my right arm at a 90 degree angle.
- I paced the floor and never owned my spot.
- The "things" I left out, didn't hurt my speech.
- I need to smile a little more.

I watch the video in three

ways. One with the sound off. This way I can watch my body language and how it speaks to the audience. Two, sound on picture off. Can I understand my speech just by listening to it? Lastly, I watch it from start to finish and look for all the positive things I have done.

Capturing the moment provide for excellent self improvement and I encourage everyone to try it at least once.

7 of 7 Complete Training

On June 14th, seven Orland Park Toastmasters Officers completed their required training.

Each officer is required to do educational training as part of their Toastmasters duties.

The training provides guidance to new officers and gives them the resources to be successful in their position in Toastmasters.

Toastmasters International (TI) classes are taught by TI coaches who have successfully managed their position in the Toastmasters club.

To maintain our Orland Park Toastmasters Presidents Distinguished Ribbon we need to have four officers go through the training in each training period.



As of now, we are halfway to completing the requirements to earn points towards the Presidents Distinguished Ribbon.

@OPToastmasters 1st Tweet

You might not be tweeting your thoughts and ideas to the 645,750,000 people on Twitter, but the Orland Park Toastmasters are tweeting meeting information for organizations, clubs, and individuals to follow.

@OPToastmasters

tweeted its first welcome message on July 8, 2014 welcoming the world to check out the clubs website.

The Orland Park Twitter account will be used to announce meeting times, special events, and public relation material for

outside entities to learn about the activities of our Toastmasters club.

Please follow us at @OPToastmasters.com



Profile Update

Is everything correct?

Our lives are in constant flux and details can be lost in transition, so it is imperative that you check to verify that your profile information is current and up-to-date.

The process is simple.

1. Login to your member account at <http://orlandparktoastmasters.org/>
2. On the left hand side, click on Edit Profile. A popup forum will appear.
3. Fill-in & Update information.

It's important to the success of the Orland Park Toastmaster's that your profile information is current and up-to-date.

Current profile information ensures that all agenda changes, newsletters, and critical communication can be disseminated to you in a proper manner.

Your assistance in keeping this information current is appreciated.



Reaching Our Goals

Every person who steps through the door at the Orland Park Toastmasters has a different purpose for being there.

Some are coming for career enhancement, while others are preparing for a social event.

For whatever reason you were drawn into our merry group of speakers, you are not alone.

The Orland Park

Toastmasters has a wealth of information, inspiration, and knowledge waiting to be tapped into, sitting in the audience.

Need a mentor?

Orland Park Toastmasters can provide you with a veteran member who can guide, develop, and mentor your communication skills.

Want to further your leadership skills for your workplace? Orland Park Toastmaster's can help.

Talk with Peter Bria, VP of Education and discuss your goals and dreams that you want out of Toastmasters.

The Orland Park Toastmasters is here to help you achieve your goals in speaking.

Mike Jones new Competent Leader Award

Orland Park Toastmasters Mike Jones completes his Competent Leader Award and receives his new badge from Toastmaster and VP of Membership, Giuliano Cipolla on July 28, 2014

Jones, a diehard Chicago Cubs fan lead the Orland Parks Toastmasters meeting with Pelage and Invocation.



*"Great work Mike!
Your fellow
Toastmasters' are proud
of your accomplishment."*

Orland Park Toastmasters

MEETINGS: Every 2nd & 4th Monday

Time: 7:00 PM

ADDRESS:

Bremmentowne Manor
16130 Oak Park Ave
Tinley Park, IL

President:

Maureen Cipolla

VP of Public Relations:

Dale Obrochta

VP of Education:

Peter Bria

VP of Membership:

Giuliano Cipolla

Sgt. of Arms:

Audy Krygeris

Secretary:

Alisa Matusek

Treasurer:



Where Leaders Are Made.

We're on the Web!

<http://orlandparktoastmasters.org/>

Have you set your goals for this year?

What do you want to achieve?

Is there an award you would like to achieve?

Let the VP of Education know so that the club can help you reach your goals!

Speech-A-Thon & Speech Contest

Dates have been set for the Orland Park Toastmasters Speech-A-Thon which will be happening **August 11, 2014.**

The speech-A-Thon is a special Toastmasters meeting which condenses and modifies the clubs agenda to allow more speeches.

This is a great opportunity and if interested, contact Peter Bria or check the clubs website if you would like to participate in this fun event.

District 30 is having a Humorous Speech Contest and the Orland Park Toastmasters will have its qualifying contest on **August 18, 2014.**

The individual who wins this 1st round will move on to the next phase of the contest.

If you are interested in participating as a speaker, or as part of the contest staff, please contact Peter Bria, Contest Chair



Conor Cunneen, practicing his speech for Toastmasters International speech contest